

# "TALKING LEADERSHIP"

### WILLUNGA HIGH SCHOOL



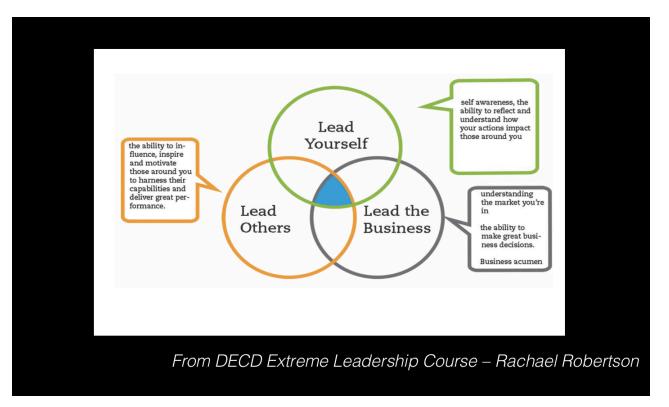
SESSION 1 Know Yourself – Lead Yourself

SESSION 2 Know the Work – Lead the Work

SESSION 3 Know the "Team" – Lead the "Team"

SESSION 4 Know the Story – Lead the Story







# **TELL THE STORY**

# **TELL IT IN YOUR OWN VOICE**

# All voices are different







# **RECAP - SESSION 2**



# KNOW THE WORK

# LEAD THE WORK



### DO YOU KNOW THE BUSINESS?

- DO I HAVE A PERSONAL PHILOSOPHY ABOUT HOW CHILDREN/YOUNG PEOPLE LEARN BASED UPON MY OWN RESEARCH AND EXPERIENCE?
- DO I MODEL WHAT I EXPECT OF MY STUDENTS AND COLLEAGUES?
- DO I UNDERSTAND WHAT MY MAIN PRIORITIES AS A SCHOOL LEADER ARE ?
- DO I KNOW MY SITE'S STRATEGIC PLAN/ VISION STATEMENT?
- DO I ENGAGE MY COLLEAGUES WITH MY PROFESSIONAL LEARNING- SHARED READINGS, WORKSHOPS

Rate yourself for each of these on a 10 point scale – share via Table Talk



**Getting Things Done - David Allen** 

### **GTD METHODOLOGY**

The heartbeat of GTD is five simple steps that apply order to chaos and provide you the space and structure to be more creative, strategic, and focused.



Use an in-tray, notepad, digital list, or voice recorder to capture everything that has your attention. Little, big, personal and professional all your to-do's, projects, things to handle or finish.



CLARIFY SPROCESS WHAT IT MEANS

Take everything that you capture and ask: Is it actionable? If no, then trash it, incubate it, or file it as reference. If yes, decide the very next action required. If it will take less than two minutes, do it now. If not, delegate it if you can; or put it on a list to do when you can.



ORGANIZE | (S)) PUT IT WHERE IT BELONGS

Put action reminders on the right lists. For example, create lists for the appropriate categories—calls to make, errands to run, emails to send, etc.



REFLECT | ② REVIEW FREQUENTLY

Look over your lists as often as necessary to trust your choices about what to do next. Do a weekly review to get clear, get current, and get creative. 05 Engage (©

SIMPLY DD Use your system to tak

Use your system to take appropriate actions with confidence.

http://gettingthingsdone.com







## "IT" WILL NOT ALWAYS WORK

- 80/20 Rules
- Constituencies
- Timing





# What's in it for me?









### Only matters when it matters?





### What song are we ALL singing?





### There is no simple or single answer to resistance



٠

٠

#### DIFFERENT CONSTITUENCIES

Information and data

- Common alignment tell / write the story
- Time resourcing/reflection







#### Execution matters a lot, but timing might matter even more



Top 5 Factors in Success Across More Than 200 Companies

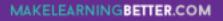


# **BETWEEN SESSION 2 AND 3** (Monday TBA , Term 4)

- Four readings
- Undertake SURVEY MONKEY email me with 5 respondents links
- 1:1 meeting to debrief results and discuss in relation to self awareness work.

Optional

- Practice Reflective journaling process
- Collect your own readings Facebook page or twitter or...
- Personal Goal Setting

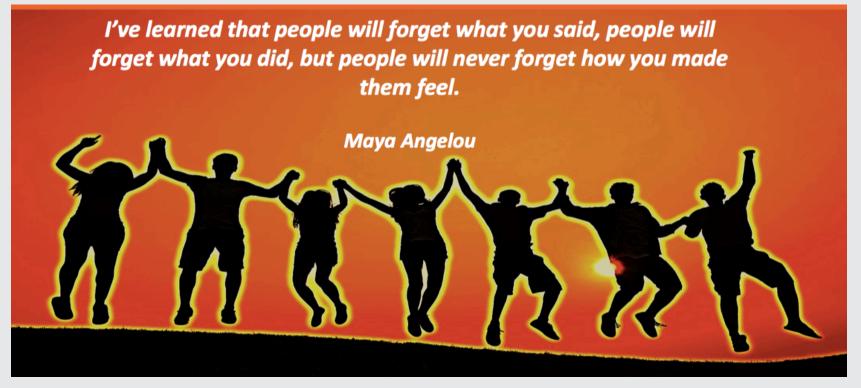




# KNOW THE (OTHERS)TEAM

# LEAD THE (OTHERS)TEAM







# WHAT IS NEEDED?

# EMOTIONAL INTELLIGENCE

Emotional intelligence is the ability to recognise, understand and manage emotions in ourselves and others.

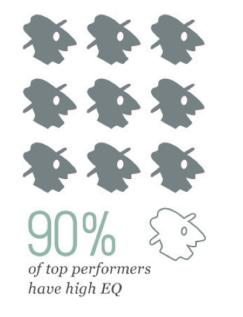
Emotional Intelligence is divided into the four clusters of Self-Awareness, Self-Management, Social Awareness and Relationship Management.

Often been referred to very broadly as "people skills"



#### Emotional Intelligence (EQ) Stats

#### Learn More About EQ



EQ is responsible for



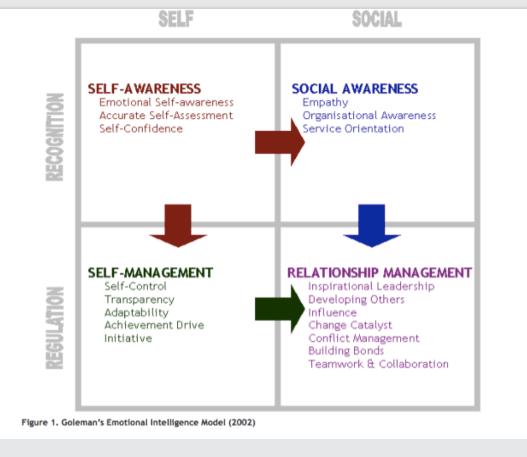
of your job performance



### \$29,000

People with high EQ make \$29,000 more annually than their low EQ counterparts







### Self - awareness

- Keep a journal
- Identify stress factors
- Slow down

- emotional selfawareness, where you are able to read and understand your emotions
- accurate self-assessment, where you understand strengths & weaknesses;
- self-confidence, where you have a positive and strong sense of one's self-worth.



### Social Awareness

- Learn conflict resolution
- Improve your communication skills
- · Learn how to praise others

- Empathy, which is understanding others and taking an active interest in their concerns;
- Organisational awareness, which is the ability to read the currents of organisational life, build decision networks and navigate politics;
- Service orientation, which is recognising and meeting student needs.

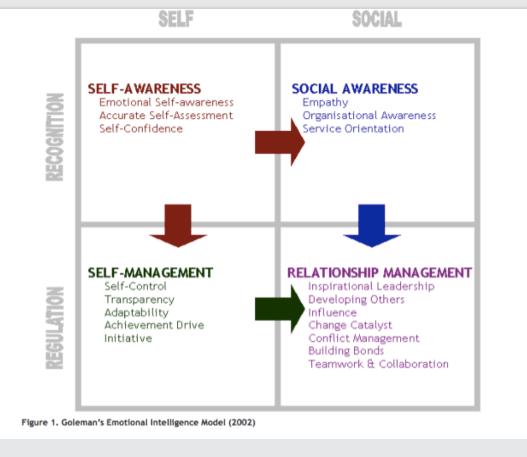


### Self Management

- Question why are you doing your job
- Know where you stand
- Be optimistic

- Self-control, which is keeping disruptive emotions and impulses under control;
- Transparency, which is maintaining standards of honesty and integrity,
- Managing yourself & responsibilities;
- Adaptability, which is the flexibility in adapting to changing situations
- Achievement orientation, which is the guiding drive
- Initiative, which is the readiness to seize opportunities and act.







### EQ TESTS

#### The mætrîx El Test Results (MEIT Version 1.0)

#### Questionnaire Date Fri Nov 4 09:08:36 2016

The following numerical scores are calculated from your answers to the El questionnaire. If you have answered honestly and accurately, your scores, out of 10 for each quadrant, will reflect your capability level within each of the El quadrants. (You might want to print out this result; if you do not, you will have to retake the test if you many the source source source source source source and anywhere.) To gain a picture of what each of the El quadrants covers, and the short descriptions below, or on this website at www.maetrix.com.au/el.asp.

You have answered 39 questions out of 40. For best results, you should answer all the questions that apply.

Self-Awareness	Self-Management	Social-Awareness	Relationship Management
9	9	7	8

For more information about interpreting your MEIT scores, click here. For more information about Emotional Intelligence and how to use it for your personal growth, please contact, Malcolm Lazenby

Please remember that this Sampler is NOT scientifically validated. We cannot guarantee the accuracy of the results of this El analysis.

#### El Quadrant Descriptors

#### Self-Awareness.

Description. The core of Emotional intelligence is self-awareness. Self-awareness is comprised of three competencies; emotional self-awareness, where you are able to read and understand your emotions as well as recognise their impact on work performance and relationships; accurate self-assessment, where you are able to give a realistic evaluation of your strengths and limitations; and self-confidence, where you have a positive and strong sense of one's self-worth. The starting point and key in these areas is the ability to be critically self-reflective.

#### Self-Management

Description. Self-management is comprised of five competencies; Self-control, which is keeping disruptive emotions and impulses under control; transparency, which is maintaining standards of honesty and integrity, managing yourself and responsibilities; and adaptability, which is the flexibility in adapting to changing situations and overcoming obstacles; achievement orientation, which is the guiding drive to meet an integrity standards to seleze opportunities and act.

#### Social Awareness

Description. Social Awareness is comprised of three competencies; empathy, which is understanding others and taking an active interest in their concerns; organisational awareness, which is the ability to read the currents of organisational interest. In their concerns; organisational awareness, which is the ability to read the currents of organisational time and value apolitics; and service orientation, which is recognising and meets. The abaltable, success oriented type.

#### Relationship Management

Description. The Social cluster of Relationship Management is comprised of seven competencies; visionary ideadership, which is inspiring and guiding groups and individuals; developing others, which is the propensity to strengthen and support the abilities of others through feedback and guidance; influence, which is the ability to exercise a wide range of persuasive strategies with integrity, and also includes listening and sending clear, convincing and well-tuned messages; change catalyst, which is the proficiency in initiating new ideas and leading people in a new direction; conflict management, which is resolving disagreements and collaboratively developing resolutions; building bonds, which is building and maintaining relationships with others; and teamwork and collaboration, which is the promotion of cooperation and building of teams.

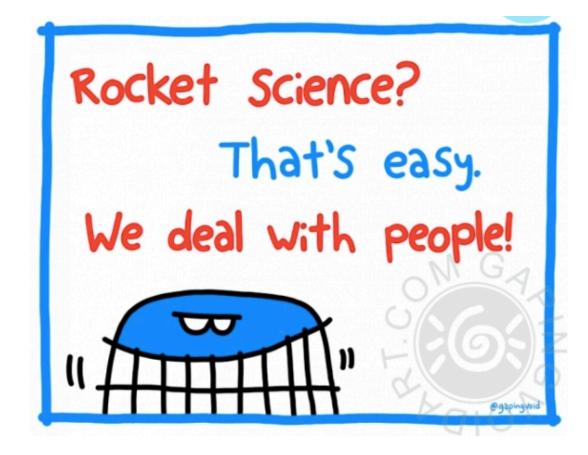
#### Handout – Emotional Intelligence



### LEAD OTHERS LEAD TEAMS VIA FEEDBACK

# The power of conversation (RELATIONSHIP MANAGEMENT)







# COMMUNICATION

#### **Effective Listening**

#### Active Listening Attitudes

- Being "present" mindset
- Avoid 'me too'
- Remembering that you think faster than people can speak
- Listening for content and feelings

#### Active Listening Behaviours

- Eye contact
- Open Posture
- Minimal encouragers
- Probing/clarifying questions or responses



To effectively communicate, we must realize that we are all different in the way we perceive the world and use this understanding as a guide to our communication with others.

- Tony Robbins

Handout –Communication - Exercise





## MADE BETTER SERIES

### Partner Sharing



TRUST

Handout -Psychological Trust



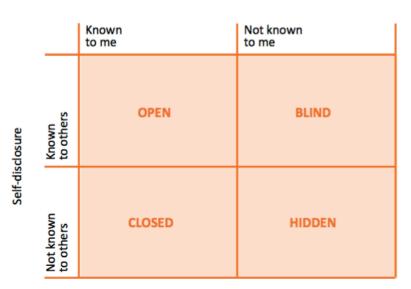
#### **Determinants of Relational Trust**

Interpersonal respect	Personal regard for others	Role competence	Personal integrity
Civility, deep listening to others' concerns, inclusivity	Extent of caring about staff	Ability to do one's job well, including addressing incompetence	Puts students' interests above own personal and political interests, walks and talk, communicates accurately



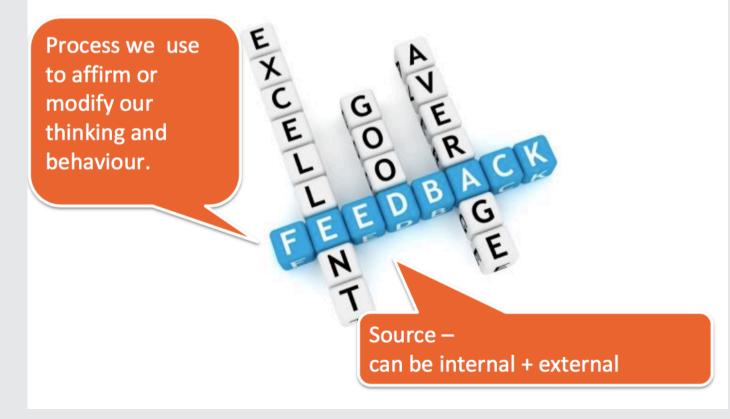


#### Johari Window



Feedback







### Purpose of Feedback



#### Affirm

- My work is valued
- More of this please!



#### Modify

- Increasing self awareness & choice
- "This could/would be good to do differently!"





Feedback is most effective in motivating improved performance when it is used to set goals. Feedback alone is just information."

> Locke, E.A (1996) Motivation through conscious goal setting. Journal of Applied and Preventive Psychology, (5) 117-124.

Handout – Feedback - Forbes



#### Losada: research on the nature of dialogue in high performing teams

	High performing teams	Low performing teams
Positive vs negative dialogue	+6:1 ratio of +ve to –ve dialogue (strengths & opportunities vs deficiencies)	1:3 +ve statements to –ve statements
Inquiry vs advocacy in dialogue	+2:1 inquiry vs advocacy	1:20 inquiry vs advocacy



## **UNLESS**

# YOU DO SOMETHING "WITH" IT!





### **Receiving feedback - reflection**

- How do you like to receive feedback?
- 2. What is your bias?
- What would you need to take into account when providing feedback



Handout –Sandberg - Feedback





# MADE BETTER SERIES

## Partner Sharing



# How "brave" are you about having conversations when there are Johari Windows

Handout -- Bad news - Feedback



# THE POWER & IMPORTANCE OF CONVERSATION

(Susan Scott – Fierce Conversations)



# FIERCE CONVERSATIONS SUSAN SCOTT

https://www.youtube.com/watch?v=oVKaXUB4EFg



#### **Principles to Speak by** The seven principles of conversation are:

- 1. Be courageous and check the facts.
- 2. Choose to be authentic.
- 3. Live in this moment, now, listening to and speaking to this person, now.
- 4. Face your problems today, solve them and move on.
- 5. Go with your gut instinct. Obey your intuition.
- Conversations are relationships. Take responsibility. Nothing you say is trivial.
- 7. Shut up and let silence do its necessary work.

Source - Fierce Leadership - Susan Scot



### Take-Aways

- · Treat every conversation as if it's your most important conversation.
- Face facts.
- Ask questions.
- Deal with today's problems immediately today.
- Obey your gut.
- Take responsibility for everything you say.
- Silence is part of a good conversation.
- · Say "and" instead of "but."
- Don't talk at people talk with them.
- A conversation is a relationship.

#### Source – Fierce Leadership – Susan Scott



# WHAT NOW SESSION 3



- Four very short readings
- Undertake EQ test will email link of 2 "free ones"
- OPTIONAL 1:1 meeting to debrief EQ test possible Johari Windows and work on a "proper career/work goal"



Goal....



To establish a clear, attractive end point in relation to the challenge, opportunity or performance issue.







- To establish a **starting point**
- To identify **resources** and build **confidence** about achieving the **goal**

© Growth Coaching International



### Options....



- To generate a range of possible ways to achieve the goal
- To go beyond any sense of being 'stuck'
- To increase sense of **control**

© Growth Coaching International



### Will and Tactics....



- To begin the move towards action
- To increase the sense of responsibility and ownership

Growth Couching International







- To **build support** for sustained success
- To make **explicit potential barriers** so that **action** can be taken

© Growth Coachina International

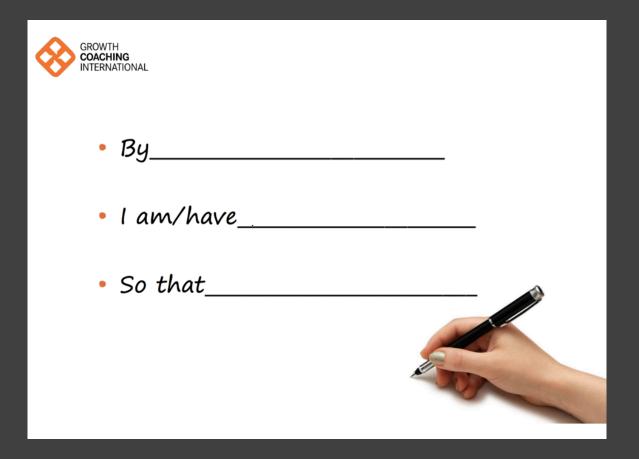




### Develop an iSMART GOAL

- Earlier feedback
- Self (work) awareness
- Leadership Prompts
- GROWTH Model
- Not SLOTH
- "discuss in our 1:1"







### Where groups of individuals have low self-awareness, the overall teams' chance of success is halved



### Lynne Symons

w: makelearningbetter.comfb: Make Learning Betterm: 0419827143t: @symolyn



e: lynne@makelearningbetter.com